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| **Supplementary Material 2**. The cut point of overweight/obesity in children by sex and age |
| Age | 85th percentile of BMI |
| Boys | Girls |
| 6 | 18.206  | 18.694  |
| 7 | 19.966  | 19.900  |
| 8 | 20.942  | 20.118  |
| 9 | 25.994  | 22.920  |
| 10 | 24.553  | 26.756  |
| 11 | 26.182  | 28.458  |
| 12 | 26.869  | 29.696  |
| 13 | 27.316  | 30.066  |
| 14 | 27.956  | 30.734  |
| 15 | 29.760  | 29.782  |
| 16 | 29.800  | 28.907  |
| 17 | 30.744  | 32.340  |
| 18 | 31.408  | 33.248  |
| 19 | 32.998  | 35.900  |
| Reference:Defining Childhood Weight Status - BMI for Children and Teens. <https://www.cdc.gov/obesity/basics/childhood-defining.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fobesity%2Fchildhood%2Fdefining.html> (Accessed 3 December 2021) |